>>> ELEVATE INSIGHTS NEWSLETTER <<<

October 2024



# **Raising the Bar for Educators**



# **embrace**<sup>™</sup>

# **DID YOU KNOW?**

We offer innovative mental health products for educators



## >>> EMBRACE MENTAL HEALTH SUPPORTS

Elevate offers the EMBRACE (Effective Mindfulness Building Responsive and Confident Educators) program, a training and coaching initiative designed to enhance educators' mental health through mindfulness. This program has been implemented nationwide, yielding remarkable outcomes - educators are boosting their skills to effectively manage stress and prevent burnout!

Visit here to learn more.

# UPCOMING EVENTS NOVEMBER 2024- JANUARY 2025 TRAINING

### >>> TRAINING SCHEDULE RELEASED

All Elevate training offerings for Quarter 2 are now updated in PDIS and available on our website. For detailed information about our training sessions and to view the complete schedule, please visit our **website**. If you are unable to attend our regularly scheduled training sessions, you can request a customized group training by <u>completing this form</u>.

### >>> TRAINING SCHEDULE HIGHLIGHTS

Explore a selection of our upcoming training offerings below; for the full schedule, please visit our website.

- 11/13: Implementing Meaningful and Safe Gross Motor Play
- 11/14: Infant and Early Childhood Mental Health: Do you Make a Difference?
- 12/4: Promoting Language Development in Early Childhood

#### \*\*ATTENTION COLORADO COACHES & QI NAVIGATORS\*\*

Join us for the free virtual Coaches Meeting on January 10th, 2025! We'll share updates and insights from our Colorado ECE partners. Stay tuned for more details coming soon. **Click here to register!** 

#### \*\*SAVE THE DATE\*\*

Our second Coaches Meeting of the year will be held IN PERSON on June 13th, 2025. You won't want to miss this valuable opportunity to connect with peers, share insights, and stay informed on the latest updates in the ECE field. More details and registration information will be coming soon!

### PRESENTING AT THE ERS NATIONAL CONFERENCE



# INNOVATION CELEBRATION

ERS (Environment Rating Scale) National Conference

Alia McRorie, Mallory Link and Trisha Toccafondi of the Quality Advancement Team had a fantastic experience presenting to over 50 attendees at the ERS National Conference in Chicago last month. They highlighted our approach to promoting high-quality care and education for young children through comprehensive quality assessment services and innovative training methods.



### GET TO KNOW AMANDA >>>

Years in Early Childhood

Years Training Adult Learners

Years with Elevate

16

10

9



Discount School Supply is your one-stop shop for early learning materials, birth through age 5. We offer the highest quality products at the lowest possible prices, supported by an extraordinary level of service. Learn more by <u>clicking here!</u>

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Highlight/News: From STEM to SEL to Early Literacy, you can create custom kits to meet the needs of individual classrooms or purchase curated kits developed by parents and early learning professionals.

Why do you enjoy working with Elevate? I enjoy working with Elevate because of their dedication and joy in helping early learning professionals. They empower providers and, truly, elevate them.

# **TRAINER SPOTLIGHT**

### AMANDA MCSWEENEY, PROFESSIONAL DEVELOPMENT COACH

- Before joining Clayton, what other roles have you held? I was a PreK teacher in New Orleans and a home visitor for families with children ages birth to 3 in Chicago.
- Three areas of expertise: Engaging in meaningful interactions, building relationships, and increasing mindfulness to create more inclusive and intentional environments.
- What do you love most about training? I enjoy the process of identifying what might resonate with a teacher during training, ultimately helping to strengthen their practice and improve student outcomes.
- If you could instantly change one aspect of ECE, what would it be? I would increase the respect that society has for early childhood educators. This is a challenging and vital profession that demands a high level of expertise and contributes to our communities in countless ways. With more respect for the profession, I believe we can also advocate for fairer compensation for teachers and ensure they have the resources necessary for success.

# COLLABORATION CORNER

Our work relies on the invaluable support and collaboration of our partners. Together, we strive to strengthen ECE communities.

# **CONTACT US**

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